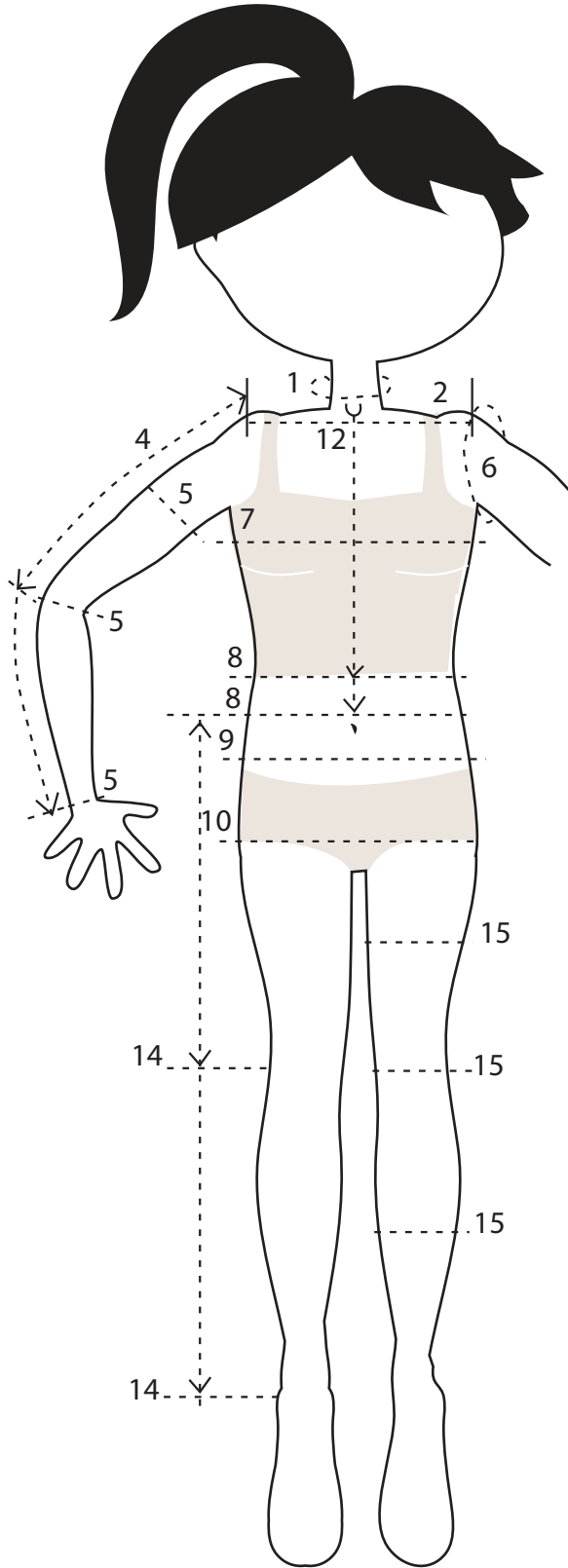


# DESIGN ★ CAMP

NAME: \_\_\_\_\_

MY MEASUREMENTS



1. NECK  
*measure around neck*

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2. CROSS SHOULDER *measure across back of shoulders from shoulder point to point*

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3. NECK/HEAD  
*measure around neck/measure around forehead*

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4. SHOULDER TO ELBOW/WRIST *with elbow bent \* see diagram*

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5. BICEP/ELBOW/WRIST  
*measure around each*

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6. ARMSCYE *measure around upper arm from shoulder, arm pit, and back around to shoulder*

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7. CHEST *measure around the widest point of the chest. Take a deep breath and write that # too*

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8. WAIST: NATURAL/LOW *measure around natural: at belly button low: where you like to wear your jeans*

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9. HIGH HIP *measure around measure about 3 fingers below your low waist*

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10. HIP *measure around measure around the fullest part of your hips*

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11. RISE: HIGH/LOW *from belly button through legs, and around to the small of the back*

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12. CF "U" TO WAIST: NATURAL/LOW *from the "u" at the base of your neck to your waist*

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13. CB TO WAIST TO FLOOR *from the bump on the back of your neck to the small of your back, then to the floor*

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14. OUTSEAM TO KNEE/ANKLE *from your low waist to your knee and then to your ankle*

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15. THIGH/KNEE/CALF  
*measure around each*


PREFERRED STORE SIZES:

DATE:

PANTS \_\_\_\_\_

TOPS \_\_\_\_\_

*\* remember: your measurements are the perfect measurements for you! As you grow your measurements will change. And, store sizes are not always the same from store to store, so you may wear a 10 at one and a L at another :-)*

My Style:  
How I like my clothes to (loose, fitted, etc...)  
What styles do I like to wear? (Dresses, jeans, etc...)